

100 MARATHON CLUB NORTH AMERICA

Newsletter #35 – May 27, 2014

UPCOMING RACES – Events Directed by Club Members

June 1, 2014 – Windermere Marathon, Spokane, WA, **Elaine Koga-Kennelly**

June 7, 2014 – Green River Marathon, Kent to Seattle, WA, **Steve Barrick**

June 7, 2014 – Squaw Peak 50M Trail, Provo, UT, **John Bozung**

September 7, 2014 - Skagit Flats Marathon, Burlington, WA, **Terry Sentinella**

September 13-14, 2014 – The Plain 100 K and 100 Mile Endurance Run, Forest Service trails and roads in the Cascade Mountains in the Lake Wenatchee, Entiat and Chelan ranger districts in Washington State. There are 59 miles of trail & FS roads and 3 miles of pavement, all remote. Elevation gain and loss of 14,000 feet. Train for a fairly steep and difficult course with great scenery. **Tom Ripley & Chris Ralph.**

October 19, 2014 – Metro Health Grand Rapids Marathon, Grand Rapids, MI, **Don Kern**

October 26, 2014 – Stone Steps 50K Race, Cincinnati, OH, **David Corfman**

Website to Clint Burleson's races: <http://www.mainlymarathons.com>..... This includes 36 marathons and halves across 25 states. Heartland Series: 6/4/14-6/8/14; Center of the Nation Series, 9/17/14-9/21/14; Appalachian Series, 10/11/14-10/15/14; Day of the Dead Series: 10/27/14-11/2/14.

COMMENTS FROM CO-EDITORS RON AND NANCY FOWLER

As mentioned in the previous newsletter, we are assisting **Bob and Lenore Dolphin** with the administration of 100 Marathon Club functions. In addition to managing the club roster, we are sharing responsibility for production of the club's newsletter. We will be preparing every other newsletter, focusing on the accomplishments of our new members.

We participated in the well attended 100 Marathon Club reunion meeting April 4, 2014 in Selah, Washington, in conjunction with the 14th running of the Yakima River Canyon Marathon the following day. We enjoyed visiting with many long-time friends and meeting several club members we previously only “knew” via their roster listings. Meeting attendees included new members **Ron Adams** from North Vancouver, British Columbia, **Herb Allen** from Bainbridge Island, Washington, and **Rich Menzel** from Everett, Washington. Herb and Rich both ran their 100th marathons the next day.

Many of us running the Yakima River Canyon Marathon wore special bibs “In Memory of Jack Swanson” produced by 100 Marathon Club – North America member **Bill Voiland**. “Wild Bill” is a professional artist and produced the bibs to honor the memory of our long-time friend, the late **Jack Swanson** of Spokane, Washington. Jack's widow, **Gunhild Swanson**, ran her 249th marathon at Yakima (winning her age group, as usual!) and her 250th at the Spokane River Run 50K April 27, 2014 (another age group win!).

WELCOME to New Members!

The 1981 Vancouver International Marathon was the first for **Ron Adams** of North Vancouver, British Columbia, and his 100th was the 2007 Diez Vista 50K in Coquitlam, BC. His current total of 19 marathons and 101 ultras includes six ironman triathlons, the Western States 100 Miler, and 23 completions of the Knee Knacking North Shore Trail Run in North Vancouver, BC. He set his 2:49:03 PR at the age of 41. Ron is the race director of the Whistler 50 Mile Ultra.

We have run marathons with **Herb Allen** of Bainbridge Island, Washington for so long it was a major surprise to discover the 2014 Yakima River Canyon Marathon was “only” his 100th. Herb set his 3:24:28 PR May 5, 2002 at age 59. Lace ‘em up Herb – on to 200!

The inaugural 2006 Paul Bunyan Marathon in Bangor, Maine was the first for **Roscoe Douglas** of Macon, Georgia, while the November 9, 2012 Rock and Roll Marathon in Savannah, Georgia was his 100th. In between he set his 5:59 PR at age 60, and completed 50 States and DC in 2010 in Manchester, New Hampshire. His current total is 98 marathons and three ultras.

Ken Fattmann of Walnut Shade, Missouri ran his first marathon September 1, 1980, establishing his PR of 3:53:46 a week prior to his 25th birthday. Once a marathoner, always a marathoner, and 28 years later Ken ran his second marathon. A third followed the next year, and a fourth the following year. In 2011 he joined the Marathon Maniacs, made it to Titanium in September 2013, and ran his 100th marathon April 27, 2014 in Oklahoma City, Oklahoma. Ken has run at least one marathon per week during the past 18 months, including a quadzilla in July, 2013. This month he will be attempting eight marathons in eight days. Ken is always accompanied by his son, who was a Half Fanatic at age 10, earned 10 moons by age 11, and became a Maniac at age 12.

Diana Martinez of Holladay, Utah ran the 1978 Deseret News Marathon in Salt Lake City, Utah as her first marathon, and Running The Gap in Pocatello, Idaho on September 14, 2013 was her 100th. She set her 3:24 PR at age 29. Diana has qualified for Boston four times. She and her husband have run the New York City Marathon as guides for a blind runner from Viet Nam. Her current total is 103 marathons and one ultra.

Esmail Rahimian of Santa Clara, California ran his first marathon at the Napa Valley Marathon, Napa, California in 2002. Fittingly, he returned to Napa to complete his 100th marathon on March 2, 2014. He set his PR of 4:02:37 at age 44.

The 1985 Grandma’s Marathon in Duluth, Minnesota was the first for **Timothy Sandor** of Superior, Wisconsin, and the St. Jude Marathon in Memphis, Tennessee on December 2, 2013 was his 100th. He established his PR of 3:30 in 1987 at the age of 38. To celebrate his 60th birthday, he ran 71 miles from Duluth to his birthplace in Ashland, Wisconsin. He became a 50 States and DC finisher May 26, 2013 at the Vermont Marathon in Burlington, Vermont. His current total is 107 marathons and two ultras.

Jennifer Savage of Warsaw, Indiana ran the 2002 Disney Marathon in Orlando, Florida as her first marathon. The Circular Logic Marathon in Lafayette, Indiana on March 29, 2014 was her 100th, a race she finished with her best friend, Nicole, who was running her fifth marathon. Jen set her PR of 4:21:40 at the 2002 Chicago Marathon at age 31. Her current total includes 82 marathons and 18 ultras. Her ultras include four 50 milers, and finishing the HUFF 50K ten times, including the mud year (2008) and water year (2011).

Jim “Splinter” Schroeder of Indialantic, Florida started running marathons Down Under, notching his first at the 2001 Adelaide Marathon in South Australia. The 2013 Half Moon Bay International Marathon in Half Moon Bay, California was his 100th. Jim set his 3:42:49 PR at age 62. His current total is 46 marathons and 64 ultras.

The 2006 Seattle Marathon was the first for **Robert Stretz** of Issaquah, Washington. He completed the February 16, 2014 Birch Bay Marathon near Blaine, Washington to notch his 100th. He has achieved the Titanium Level as a Marathon Maniac. He set his 3:58:29 PR in 2012 at age 44. His current total includes 73 marathons and 27 ultras.

Jonathan Young of Benton, Arkansas completed the 2008 ING Georgia Marathon in Atlanta, Georgia as his first marathon, while Arkansas’ Run LOViT 100K in the Ouachita National Forest on February 22, 2014 was his 100th. His current total includes 78 marathons and 22 ultras. Jonathan established his 4:01:59 PR at age 32.

KEEP THOSE UPDATES COMING!

Please review your roster listing and send updates to both of these addresses:

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