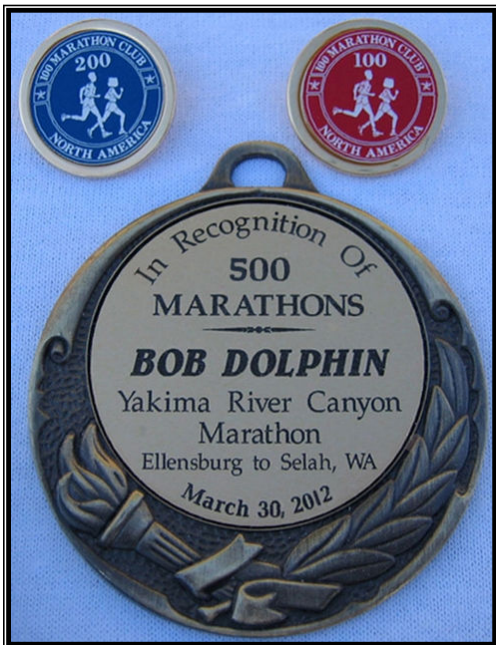




## NEWSLETTER DISTRIBUTION

New newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Add this link to your "favorites" listings and check for the latest newsletter after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page. Previous newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

## 100 MARATHON CLUB NORTH AMERICA MERCHANDISE



The 100 Marathon Club North America is a non-profit organization and charges no dues.

Click the "Merchandise" button on our web site's Home page to find club items. Short and long sleeve tee shirts, pins (in increments of 100), and personalized medallions are available at cost plus postage and handling.

← Examples of available pins and medallions

To inquire about purchasing shirts, pins, or medallions, EMail Ron Fowler at: [SodaBottles@yahoo.com](mailto:SodaBottles@yahoo.com)

Men's and women's 100 Marathon Club North America singlets can be ordered thru the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.

Available singlets →



## UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: to publicize your event(s), EMail us information about your race(s).

These upcoming marathons/ultras are directed by club members:

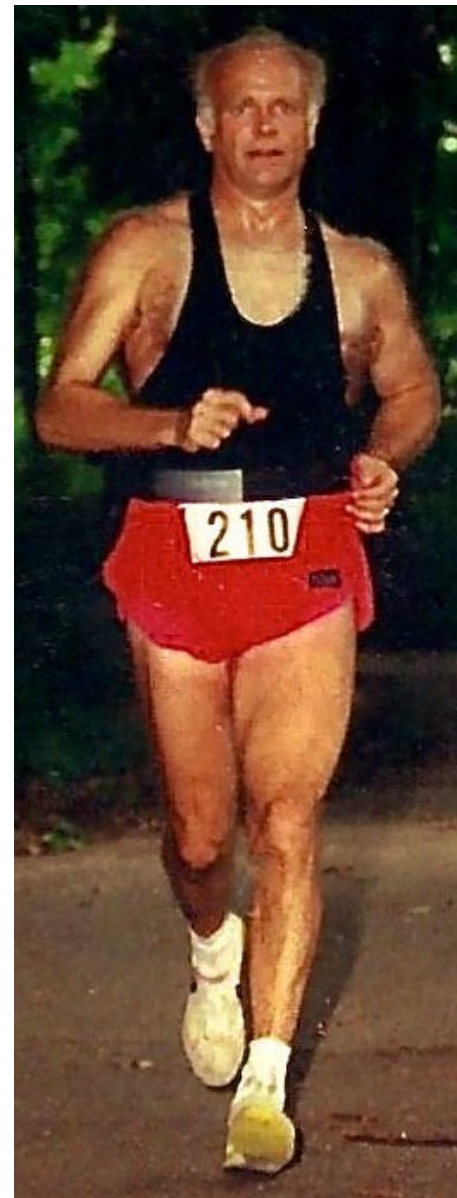
05-02-20 – Ghost of Tacoma Marathon, Tacoma, WA – Tony Phillippi.  
**POSTPONED** due to the Covid-19 pandemic. Visit  
[www.tacomacitymarathon.com](http://www.tacomacitymarathon.com) for status updates on the race.

05-03-20 – Michelob Ultra Tacoma City Marathon, Tacoma, WA – Tony Phillippi. **POSTPONED** due to the Covid-19 pandemic. Visit  
[www.tacomacitymarathon.com](http://www.tacomacitymarathon.com) for status updates on the race.

## WELCOME NEW MEMBERS!

**Ron Berby** of Mason, Michigan was a walk-on cross country runner at Michigan State University in the early 1960s, and a member of three championship teams. He ran the 1973 Mile-High Marathon in Denver, Colorado for his first marathon, and notched his 200<sup>th</sup> at the 1998 Pike's Peak Marathon in Manitou Spring, Colorado. During this 25 year stretch Ron "ran 55 marathons in under three hours. I ran my marathon PR of 2:37:27 in September, 1979. Also that year I ran four sub-three hour marathons and two 50 milers, each at near six hours. My PR for 100K was 7:35:48, finishing first at the AMJA Sri Chinmoy race in Greenwich, Connecticut. Between 1981 and 1997 I ran 19 races of 100 miles or more, six of them 24-hour runs, one a 48-hour run, and twelve of them 100-mile trail runs. In November of 1995 in 80 degree heat my wife Sally Middleton and I completed 311.7 miles at the Gibson Ranch six-day run in Sacramento, California, tying for fifth place of 19 starters from seven countries. My most triumphant racing memory was of being the last finisher at Minnesota's 1996 Superior Trail 100, finishing ten minutes under the final cut-off time at 34 hours – seven minutes behind Sally." Ron is a member of the Mid-Michigan Track Club. His current total includes 159 marathons and 62 ultras.

Ron Berby during the 1980s →





The 1997 Marine Corps Marathon in Arlington, Virginia was the race **Jim Goetschius** of Adamstown, Maryland chose for his first marathon. The 2018 HAT 50K Trail Run in Havre de Grace, Maryland marked his 100<sup>th</sup> marathon. In between these milestones Jim ran one marathon and one 50K in two days, three marathons in eight days, and 16 marathons and ultras in 12 months. He established his 4:00:01 PR in 1999 at age 27. Jim is a member of the Frederick Steeplechasers running club in Frederick, Maryland. His current total is 53 marathons and 57 ultras.

← Jim Goetschius at the 2010 Air Force Marathon in Kandahar, Afghanistan



**Doug Jordan** of Santa Rosa, California chose the 1994 Capital City Marathon in Olympia, Washington for his first marathon. The 2020 Napa Valley Marathon in Napa, California marked his 100<sup>th</sup> marathon. Doug has run all 12 editions of the Santa Rosa (California) Marathon. He “swore he would never run another marathon after the first one. It took him five years to forget the pain and run his second.” Doug set his 3:59 PR in 2005 at age 46. His current total is 100 marathons.

Doug Jordan →

The addition of Ron, Jim, and Doug boosts total 100 Marathon Club North America membership to 663.

## **MEMBER UPDATES**

The Covid-19 pandemic has delayed posting of the April 1, 2020 roster updates and newsletter. The Marathon Maniacs graciously gift hosting and support for the 100 Marathon Club North America web pages and our changes weren't posted because their office was closed due to the State of Washington's mandatory closure of all non-essential businesses. If you missed the April 1<sup>st</sup> newsletter (#102), be sure to review it as it includes information about the recent passing of Lenore Dolphin, our club's co-founder.

## **ROSTER UPDATES**

Please send roster updates via EMail to [SodaBottles@yahoo.com](mailto:SodaBottles@yahoo.com)